



# **Monadnock State Park**

## Hiker Responsibility Code

You are responsible for getting yourself there and back, so be prepared!

### Knowledge & Gear

Become self-reliant by learning about the terrain, conditions, and local weather. Be familiar with and know how to properly use your equipment before you start.

#### Leave your Plans

Tell someone where you are going, the trails you are hiking, when you will return, and your emergency plans.

#### Stay Together

When you start as a group, hike as a group, and end as a group. Pace your hike to the slowest person.

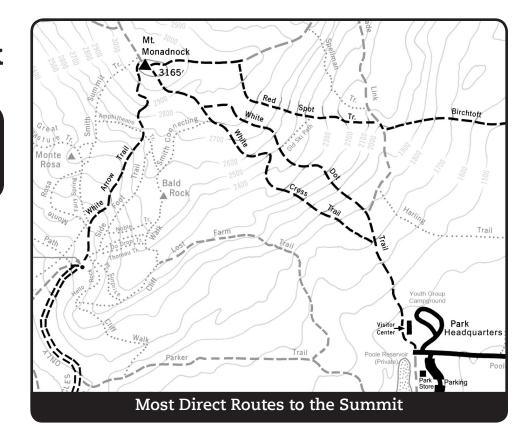
#### Turn Back

Weather changes quickly on the mountain. Fatigue and unexpected conditions can also affect your hike. Know your limitations and when to postpone your hike. The mountain will be there another day.

### **Emergencies**

Even if you are heading out for just an hour, an injury, severe weather or a wrong turn could become life threatening. Don't assume you will be rescued; know how to rescue yourself.

Share the Hiker Code with others and Hike Safe!



Summit Elevation......3.165' Park Headquarters......1,375' White Dot: 2 miles.

~2 hrs to summit

White Cross: 2.2 miles, ~2 ½ hrs to summit

Old Toll Road......1,485'

White Arrow: 2.3 miles, ~2 ½ hrs to summit

Gilson Pond Area.....1,200'

Birchtoft/Red Spot: 3.5 miles,

~3 ¼ hrs to summit





















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