

Ice Ice Baby SCA Lesson Week 3

By: Mr. Chris and Miss Emily

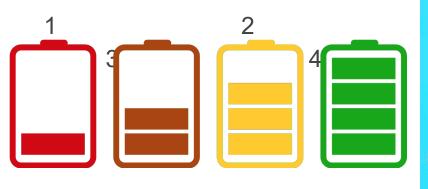


student conservation association



Start - Up Activity

How are you feeling today?



Check Your Battery

How are you currently feeling?

Feeling great!

Keep meeting

your needs and

practicing

self-care.

Feeling okay.

How can you

make your

day a tiny bit

better?

Struggling.

Practice triage.

What area of your

life is suffering the

most right now?

Focus on that one

area today.

BlessingManifesting

Feeling good!

How can you maintain the levels you're currently at?

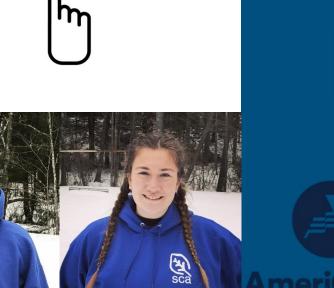
Meh.
How can you
love on your
-self today? Be
extra kind to
yourself.

I'm empty.

Pinpoint what's draining you and try to create a boundary & then do one thing that fills you up.

Snow and Ice Recorded Video

https://www.loom.com/share/b78d48ed990c46668dd3407bbb43f594



SNOW, ICE, AND EVERYTHING NICE



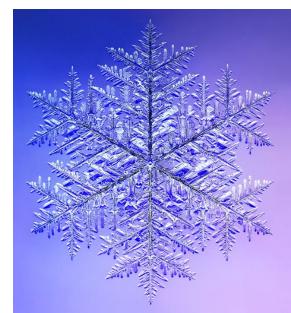


See how temperatures affect a snowflakes growth

Grow Snow Crystals







Snowflake activity

- For this activity, you will need a piece of plain paper and a pair of scissors
 - If you don't have plain paper, colored or lined paper will also work

https://www.loom.com/share/04116530ada2 4d0386cf390106cbd11c





Activity packet



SCA Winter Wonderland

Online Option



https://thewordsearch.com/puzzle/2006737/sca - winter-wonderland/





SCA Winter Activity Packet By Mr. Chris and Miss Emily



Printed Option

https://docs.google.com/document/d/1Cc0i zyRnJW8tZT97_2nHsL9r0c4Q9fb4nShyP7 9ewnw/edit?usp=sharing

Earth Pledge



Join us in the Earth Pledge



Recommended Book for further reading on snowflakes

