

# Discover the Power of Parks Programs

## **Hike Safe**

Covering the 10 essentials of day hiking, learn about the program which was designed in the state of New Hampshire to keep us safe while out hiking and provide support if injured. [White Cross/White Dot Trail](#)

## **Leave No Trace Principles**

Learn about Leave No Trace and how to protect Monadnock's trails. Explore our impact while traveling on various surfaces and leaving trash behind on trails. How long will it be there for? [White Dot/White Cross Trail](#)

## **Creatures of New Hampshire**

Learn about animals with scales and fur native to New Hampshire. [Headquarters Area](#)

## **Summit Tour**

Guided tour at summit of surrounding view and markers [White Dot Trail and White Cross Trail](#)

## **Mountain History**

Go back in time and learn about structures which once stood at Monadnock's summit as well as famous visitors. [White Dot and White Cross Trails](#)

## **MonadaRocks**

Curious about the rocks that make up Mount Monadnock or the shape of the mountain? Find out answers and chat geology! [White Dot and White Cross Trails](#)

## **Night Explorer**

Experience the night as your senses of sight, and hearing are tested. Learn about Space history of New Hampshire, Discover the night sky and constellations which make it up. This program requires a flashlight/headlamp: however, it will not be used during the program. [Gilson Pond Campground Playground](#)

## **Our Furry Friends**

Come learn which furry friends make their home here. Can you guess which animals these furs belong to? [Park Headquarters](#)

## **Name that Tree**

Stop by to learn which trees you might see on your way up the mountain, and learn how to identify them! [Park Headquarters](#)

## **Wildlife of Monadnock**

Stop by for some facts and figures about wildlife you can expect to see here at Mt Monadnock. [Park Headquarters](#).

## **Raptor Racket**

Learn how to identify the calls of common raptor species. [White Dot or White Cross Trails](#)

## **Roving Ranger**

Find the interpretive ranger roaming the trails and learn more about the ecosystem surrounding you. [White Dot or White Cross Trails](#)

## **Animal Adaptations**

Learn about animals found in New Hampshire and some of the ways they have adapted to survive. [White Dot or White Cross Trails](#)

## **Track Talk**

Come and learn how to identify the tracks of native animals. [White Dot or White Cross Trails](#)

## **Who's that Herp**

Can you recognize common snakes, salamanders, and turtles found in the Monadnock region? [White Dot or White Cross Trails](#)

## **Myth or Fact**

See if you can figure out what is myth and what is fact. [White Dot or White Cross Trails](#)