



## NH State Parks Bathroom Cleaning Procedure

### Cleaning Preparation:

- **Staff member attire:** All staff members should be equipped with protective gloves (latex or non-latex depending on allergies of staff) and protective eyewear.
- **Cleaning solution:** The CDC recommends a bleach solution for disinfecting common surfaces. Staff members should use 5 tablespoons (1/3<sup>rd</sup> cup) bleach per gallon of water or 4 teaspoons bleach per quart of water. Solution should be placed in spray bottles for disinfecting surfaces unless using it to mop the floor. If mopping the floor, please use mop buckets.
- **Other cleaning supplies:** Staff will use paper towels or wypalls to wipe surfaces with cleaning solution. Mops and mop buckets will be used with cleaning solution to disinfect the floors.
- **Frequency:** DHHS recommends that bathrooms be cleaned every 2 hours during peak times and at least 2-3 times daily during off peak times.

### Cleaning Procedure (please note between each step, discard paper towel or Wypall and use new paper towel or Wypall):

1. Spray solution directly on exterior railing leading to bathhouse and wipe thoroughly.
2. Spray solution directly on exterior door handle and wipe thoroughly. Spray and wipe all exterior door surfaces.
3. Spray solution directly on interior door handle and wipe thoroughly. Spray and wipe all interior door surfaces.
4. Spray solution directly on paper towel and wipe light switches thoroughly.
5. Spray solution directly on faucet handles, faucet stem and basin. Wipe thoroughly.
6. Spray solution directly on counter tops and wipe thoroughly.
7. Spray solution directly on soap dispenser and soap dispenser handles. Wipe thoroughly.
8. Spray solution directly on paper towel dispensers and wipe thoroughly.
9. Spray solution directly on hand dryer and hand dryer buttons. Wipe thoroughly.
10. Spray solution directly on urinal handles and urinal including the interior and exterior of the urinals. Wipe thoroughly and flush urinals. Urinal cakes and screens should be replaced as needed.
11. Repeat step 10 for all urinals.

12. Spray solution directly on exterior bathroom stall handle and wipe thoroughly. Spray and wipe all exterior bathroom stall door surfaces.
13. Spray solution directly on interior bathroom stall handle and wipe thoroughly. Spray and wipe all interior bathroom stall door surfaces.
14. Spray solution directly on toilet handle and stem and wipe thoroughly.
15. Spray solution directly on all toilet surfaces and wipe thoroughly.
16. Spray solution directly on interior of toilets and scrub thoroughly. Toilets should be flushed after this is complete.
17. Spray solution directly on feminine hygiene disposal boxes and wipe thoroughly.
18. Spray solution directly on toilet paper dispenser and wipe thoroughly.
19. Spray solution on interior bathroom stall walls and wipe thoroughly.
20. Repeat steps 12-19 for all toilets and stalls.
21. Spray solution directly on any remaining exterior stall walls and wipe thoroughly.
22. Spray solution on exterior shower door handle and wipe thoroughly. Spray and wipe all exterior shower door surfaces.
23. Spray solution directly on interior shower door handle and wipe thoroughly. Spray and wipe all interior shower door surfaces.
24. Spray solution directly on towel racks or hangers and wipe thoroughly.
25. Spray solution directly on shower handles and wipe thoroughly.
26. Spray solution directly on shower head and wipe thoroughly.
27. Spray solution directly on shower walls and wipe thoroughly.
28. Repeat steps 22-27 for all shower stalls and changing rooms.
29. Trashes and feminine hygiene disposal boxes should be emptied as needed.

**Mopping (please place mop in mop bucket and ring out between each step):**

1. Prepare cleaning solution and pour solution in mop bucket. Mop bucket should be at least half full with cleaning solution.
2. Mop interior entry floor.
3. Mop floor around sinks.
4. Mop floor surrounding urinals.
5. Repeat step 4 for all urinals.
6. Mop floor in bathroom stall.
7. Repeat step 6 for all toilets and stalls.
8. Mop all stall floors.
9. Repeat step 8 for all shower stall floors.

**Note: Mopping should be done at least 2 times daily.**

**Other Notes and Important Information:**

1. Cleaning Check In sheet should be filled out after every cleaning.

2. Staff should avoid touching their faces during any part of the cleaning process.
3. If gloves are torn during cleaning, please discard and wash hands thoroughly before applying new gloves.
4. Staff should avoid touching areas with cleaning gloves that have already been disinfected .
5. Once cleaning is complete, staff should remove gloves and wash hands thoroughly. Staff should reapply new gloves and wipe down all spray bottles and mop handle with cleaning solution.
6. Staff are encouraged to visit the NH Department of Health and Human Services COVID-19 website to learn best practices for personal hygiene. <https://www.nh.gov/covid19/>

### **References:**

Centers for Disease Control. 2020. "Environmental Cleaning and Disinfection Recommendations". Accessed 17 March 2020. Available from: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

New Hampshire Department of Health and Human Services. 2020. "COVID-19 Frequently Asked Questions". Accessed 17 March 2020. Available from <https://www.nh.gov/covid19/faqs/>

New Hampshire Department of Health Human Services. 2020. "Novel Coronavirus 2019 (COVID-19)". Accessed 17 March 2020. Available from <https://www.nh.gov/covid19/index.html>