

# Monadnock State Park Mordic Skiing

### Winter Recreation at Monadnock State Park

Winter is a special time of year to visit and explore Monadnock State Park. The park offers winter hiking, snowshoeing, nordic skiing, and camping. During winter, Monadnock Headquarters at the base of the White Dot Trail is the only trailhead plowed and maintained by the staff. Visitors interested in finding out what the conditions are prior to arriving can call the park directly at (603) 532-8862.

### Nordic Skiing

Approximately eight miles of trails are maintained for nordic skiing on the lower slopes of Monadnock. These trails are ungroomed and require a minimum of 12 inches of natural snow cover over the rolling and occasionally rocky terrain. The trails are considered intermediate. Some trails have steep sections and sharp turns that are not suitable for novice skiers. Beginners may find the campground loop and picnic area trails more appropriate for their ability. Skiers must bring their own equipment.

### Snowshoeing

All of Mt. Monadnock's hiking trails are accessible by snowshoes when conditions allow. The more heavily hiked trails are typically packed down fairly quickly following snow storms. The hiking trails on the east side and the south side of the mountain are usually preferred snowshoeing routes.

## Winter Camping

All of Mt. Monadnock's hiking trails are accessible by snowshoes when conditions allow. The more heavily hiked trails are typically packed down fairly quickly following snow storms. The hiking trails on the east side and the south side of the mountain are usually preferred snowshoeing routes.

# **Tread Lightly**

Help protect parklands and natural resources by observing all the posted park guidelines. To help preserve the mountain, be prepared to hike in the middle of trails through all conditions. Many of the trails cross land owned by the State of New Hampshire, Town of Jaffrey, the Society For The Protection of New Hampshire Forests, and private individuals. Treat their property with respect and ensure your continued use of those trails in the future.

# **Emergency Contact Information**

Visitors should be prepared for all weather and trail conditions. There is a pay telephone at the end of the park entrance road on the wall of the cabin next to the flag pole at the start of the White Dot Trail. In case of an emergency, dial 911.

Monadnock State Park 116 Poole Road Jaffrey, NH 03452 nhstateparks.org

