



## **NH State Parks PPE & Cleaning of Personal Items**

### **Personal Protective Equipment**

**NOTE: Cloth facemasks should be worn anytime staff is interacting with the public (i.e tollbooth operators, trailheads, etc)**

**The following items should be worn when cleaning any park facility:**

- Protective gloves (latex or non-latex depending on allergies of staff)
- Protective safety glasses or chemical splash protective goggles where available
- Disposable aprons where available
- Cloth Facemask or Procedure facemask

**The following items should be worn when providing mountain rescues:**

- Protective gloves (latex or non-latex depending on allergies of staff)
- Protective face shield
- Tyvek suit or isolation gown
- N95 facemask

### **Cleaning of clothing and personal items used while at work**

**The following process should be done daily:**

- Wear disposable gloves (latex or non-latex depending on allergies) when cleaning any personal items.
- Wash hands thoroughly with soap and water as soon as you remove the gloves. If gloves are torn during cleaning, please remove gloves and wash hands thoroughly before reapplying new gloves.
- Do not shake dirty laundry.
- Launder items according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items thoroughly at a high temperature.
- Dirty laundry can be washed with other clothing although experts recommend isolating

items worn at work if possible.

- Clean and disinfect clothes hampers or containers where work clothes have been deposited or line the hamper/container with a disposable bag.
- Make sure any surfaces touched while working are disinfected including but not limited to cell phones, vehicle surfaces, lunch box, etc.

**Other notes:**

- Staff are encouraged to visit the NH Department of Health and Human Services COVID-19 website to learn best practices for personal hygiene. <https://www.nh.gov/covid19/>

## References:

Centers for Disease Control. 2020. "Environmental Cleaning and Disinfection Recommendations". Accessed 17 March 2020. Available from: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

New Hampshire Department of Health and Human Services. 2020. "COVID-19 Frequently Asked Questions". Accessed 17 March 2020. Available from <https://www.nh.gov/covid19/faqs/>

New Hampshire Department of Health Human Services. 2020. "Novel Coronavirus 2019 (COVID-19)". Accessed 17 March 2020. Available from <https://www.nh.gov/covid19/index.html>