# **Pawtuckaway State Park**

## **Hiking Information**

Welcome to Pawtuckaway State Park. The park's 5,500 acres offer a variety of landscapes, with something to do and see for everyone. There are many opportunities for hiking, with trails leading to many special points of interest, including a mountaintop fire tower, an extensive marsh, and an unusual boulder field.

Hikers walking the 2.4 miles to the 908' summit of South Mountain will be rewarded with a spectacular panoramic view from the fire tower. Mountain Trail begins at the sign on the left just past Mountain Pond.

A walk on the Fundy Trail, bordering Burnham's Marsh can be very enjoyable, especially in the early morning or evening when the beavers, deer, and great blue herons are most apt to be active. Fundy Trail begins across the road from the entrance to the group picnic and camping areas.

The Boulder Field is a geologically unique area where many large boulders, called glacial erratics, were deposited when glacial ice melted near the end of the Ice Age. They are so large that rock climbers practice different climbing techniques on them.

#### For Your Safety

To hike safely, you should have good hiking shoes or boots, a waterproof jacket or windbreaker. Warmer gear is needed during fall, winter and spring. Be sure to carry drinking water, a first aid kit, and a flashlight in your pack, as well as an emergency supply of foods such as cheese, chocolate, raisins, or other high-energy snacks.

#### If You Become Lost, S.T.O.P.

Stop, Think, Observe and Plan. Decide on a plan and stick to it. If the last known location of the trail is within a reasonable distance, try and backtrack to it. If you can't find the trail, do not panic, stay put and seek cover from adverse weather. If notified, rescuers will begin a search of the areas near your original planned route. Listen for whistles and respond to them or other signals. It is important to leave your plans with a responsible person. Adults hiking with children should not let them stray ahead or lag behind.

### If You Have an Accident and Need Help

Ask a fellow hiker to relay information to the park staff, or call the park at (603) 895-3031 or 911.

#### Pawtuckaway is a Carry-in, Carry-out Park

There are no trash cans on the mountains or the park grounds. All your trash must be carried out and taken with you. Orange peels, apples cores, and other materials considered "biodegradable" should not be left in the park. Animals don't eat them, and in the process of rotting, they smell and attract insects.

#### Trail Use Reminders:

- Respect the rights of owners of private roads and property adjacent to the park and access trails.
- Pets are not permitted in the park from Memorial Day weekend to Columbus Day weekend.
- It is unlawful to cut any standing trees or their limbs, shrubs, or any other vegetation in the park.
- Do not litter. Carry out what you carry in.
- Camping in the park is allowed only in the campground during the camping season.

The parking lot at the park headquarters is kept open year round.

Park trails are maintained with the help of volunteers, including the New Hampshire chapter of the Appalachian Mountain Club, Southern New Hampshire Snow Slickers and Southern New Hampshire Mountain Bike Association. For more information about volunteering at Pawtuckaway, please contact the park manager.

Pawtuckaway State Park 128 Mountain Road Nottingham, NH 03290 nhstateparks.org

