

WELCOME TO NEW HAMPSHIRE STATE PARKS

Escape from the hectic pace of everyday living and enjoy one of New Hampshire's State Park properties. Just think: Wherever you are in New Hampshire, you're probably no more than an hour from a New Hampshire State Park property. Our state parks, historic sites, trails, and waysides are found in a variety of settings, ranging from the white sand and surf of the Seacoast to the cool lakes and ponds inland and the inviting mountains scattered all over the state.

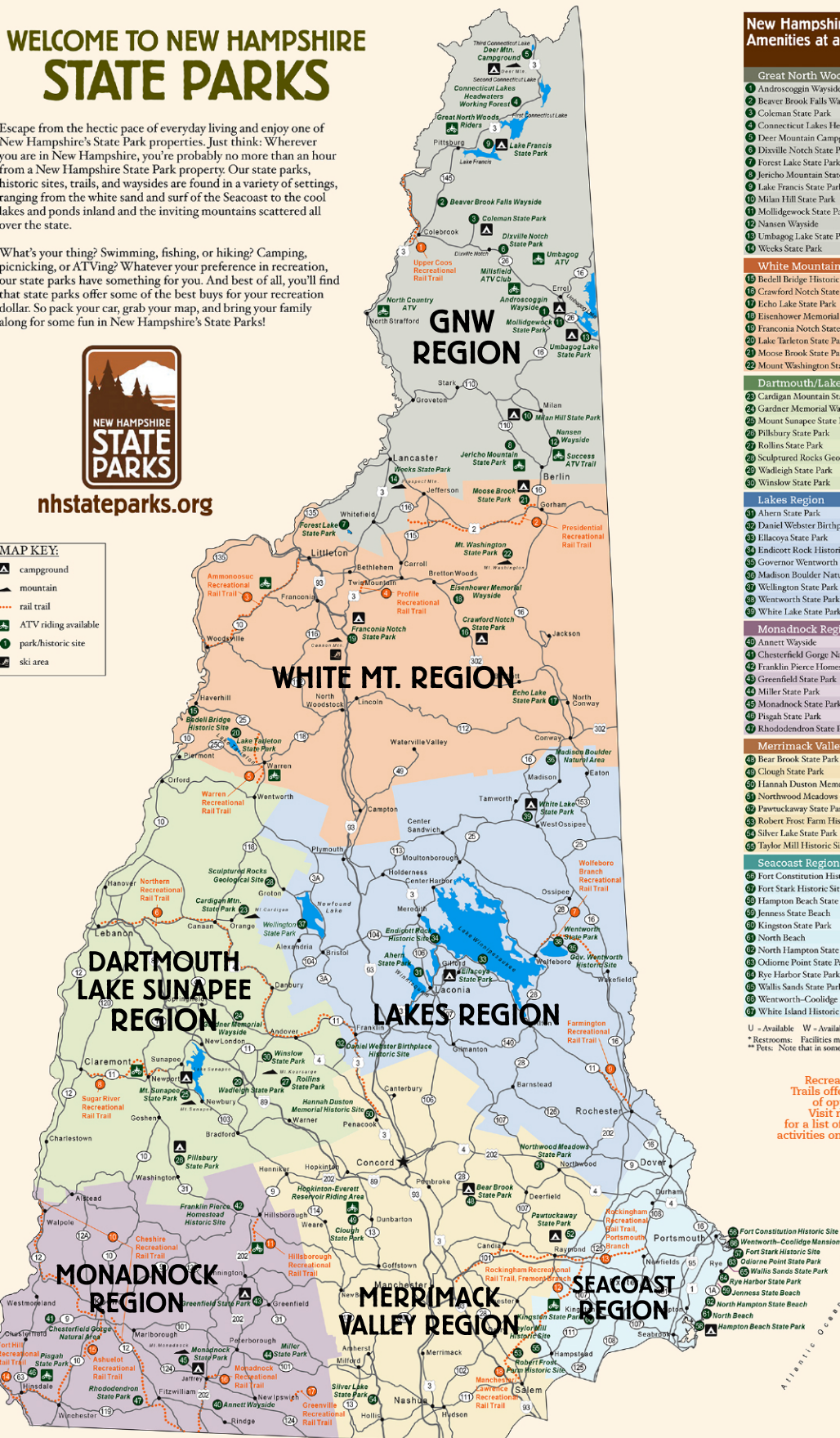
What's your thing? Swimming, fishing, or hiking? Camping, picnicking, or ATVing? Whatever your preference in recreation, our state parks have something for you. And best of all, you'll find that state parks offer some of the best buys for your recreation dollar. So pack your car, grab your map, and bring your family along for some fun in New Hampshire's State Parks!



nhstateparks.org

MAP KEY:

	campground
	mountain
	rail trail
	ATV riding available
	park/historic site
	ski area



New Hampshire State Parks Amenities at a Glance

	Restrooms	Pets	Biking	Boat Launch	Boating	Camping	Fishing	Hiking	Picnicking	Swimming	Winter Use
Great North Woods Region											
1 Androscoggin Wayside	U	U						U	U	U	
2 Beaver Brook Falls Wayside	U	U						U	U	U	U
3 Coleman State Park	U	U		U	U	U	U	U	U	U	U
4 Connecticut Lakes Headwaters Working Forest	U	U	U		U	U	U	U	U	U	U
5 Deer Mountain Campground	U	U		W	U	U	U	U	U	U	U
6 Devils Notch State Park	U	U						U	U	U	U
7 Forest Lake State Park	U	U						U	U	U	U
8 Jericho Mountain State Park	U	W	U	U	U	U	U	U	U	U	U
9 Lake Francis State Park	U	U	U	U	U	U	U	U	U	U	U
10 Milan Hill State Park	U	U	U	U	U	U	U	U	U	U	U
11 Mollidgewock State Park	U	W	U	W	U	U	U	U	U	U	U
12 Nansen Wayside	U	U	U	U	U	U	U	U	U	U	U
13 Umbagog Lake State Park	U	W	U	U	U	U	U	U	U	U	U
14 Weeks State Park	U	W	U					U	U	U	U
White Mountains Region											
15 Bedell Bridge Historic Site	U		U	U	U	U	U	U	U	U	U
16 Crawford Notch State Park	U	W				U	U	U	U	U	U
17 Echo Lake State Park	U			W		U	U	U	U	U	U
18 Eisenhower Memorial Wayside	U					U	U	U	U	U	U
19 Franconia Notch State Park	U	W	U	W	U	U	U	U	U	U	U
20 Lake Tarleton State Park	U	W	U	W		U	U	U	U	U	U
21 Moose Brook State Park	U	W	U			U	U	U	U	U	U
22 Mount Washington State Park	U	W						U	U	U	U
Dartmouth/Lake Sunapee Region											
23 Cardigan Mountain State Park	U	U				U	U	U	U	U	U
24 Gardner Memorial Wayside	U	W	U	U	U	U	U	U	U	U	U
25 Mount Sunapee State Park	U	U	U	W	W	U	U	U	U	U	U
26 Pillsbury State Park	U	U	U	W	W	U	U	U	U	U	U
27 Rollins State Park	U	U	U			U	U	U	U	U	U
28 Sculptured Rocks Geological Site	U	U						U	U	U	U
29 Wadleigh State Park	U	U	U	W		U	U	U	U	U	U
30 Winslow State Park	U	U				W	U	U	U	U	U
Lakes Region											
31 Abner State Park	U		U	U	U	U	U	U	U	U	U
32 Daniel Webster Birthplace Historic Site	U							U	U	U	U
33 Ellacoya State Park	U			W	U	W	W	U	U	U	U
34 Endicott Rock Historic Site	U							U	U	U	U
35 Governor Wentworth Historic Site	U							U	U	U	U
36 Madison Boulder Natural Area	U							U	U	U	U
37 Wellington State Park	U	W	U	U	U	U	U	U	U	U	U
38 Wentworth State Park	U			W	U	U	U	U	U	U	U
39 White Lake State Park	U			W	U	U	U	U	U	U	U
Monadnock Region											
40 Annett Wayside	U	U				U	U	U	U	U	U
41 Chesterfield Gorge Natural Area	U	U						U	U	U	U
42 Franklin Pierce Homestead Historic Site	U							U	U	U	U
43 Greenfield State Park	U	W		W	W	U	U	U	U	U	U
44 Miller State Park	U	U						U	U	U	U
45 Monadnock State Park	U					U	U	U	U	U	U
46 Pisgah State Park	U	U	U	W		U	U	U	U	U	U
47 Rhododendron State Park	U	W						U	U	U	U
Merrimack Valley Region											
48 Bear Brook State Park	U	W	U	W	W	U	U	U	U	U	U
49 Clough State Park	U	U	U	W	W	U	U	U	U	U	U
50 Hannah Duston Memorial Historic Site	U		W					U	U	U	U
51 Northwood Meadows State Park	U	U	U	W		U	U	U	U	U	U
52 Pawtuckaway State Park	U	U	U	W		U	U	U	U	U	U
53 Robert Frost Farm Historic Site	U							U	U	U	U
54 Silver Lake State Park	U			W				U	U	U	U
55 Taylor Mill Historic Site	U							U	U	U	U
Seacoast Region											
56 Fort Constitution Historic Site	U							U	U	U	U
57 Fort Stark Historic Site	U							U	U	U	U
58 Hampton Beach State Park	U				W		W	U	U	U	U
59 Jenness State Beach	U							U	U	U	U
60 Kingston State Park	U							U	U	U	U
61 North Beach	U							U	U	U	U
62 North Hampton State Beach	U							U	U	U	U
63 Odiorne Point State Park	U	U	U	U				U	U	U	U
64 Rye Harbor State Park	U							U	U	U	U
65 Wallis Sands State Park	U							U	U	U	U
66 Wentworth-Coolidge Mansion Historic Site	U							U	U	U	U
67 White Island Historic Site	U							U	U	U	U

U = Available W = Available with some restrictions
* Restrooms: Facilities may include flush or pit toilets and showers. For more information, contact the specific park.
** Pets: Note that in some cases, pets are allowed only in certain park areas. Check with the park for its specific pet policy.

Recreational Rail Trails offer a variety of opportunities. Visit nhtrails.org for a list of permitted activities on each trail.

Recreational Rail Trails (listed north to south)	miles
1 Upper Coos Recreational Rail Trail (Colebrook-Beecher Falls)	10.5
2 Presidential Recreational Rail Trail (Jefferson-Gorham)	18.3
3 Ammonoosic Recreational Rail Trail (Woodsville-Littleton)	19.2
4 Profile Recreational Rail Trail (Bethlehem)	1.5
5 Warren Recreational Rail Trail (Warren)	4.0
6 Northern Recreational Rail Trail (Boscawen-Lebanon)	59.3
7 Wolfboro Branch Recreational Rail Trail (Wolfboro-Wakefield)	11.0
8 Sugar River Recreational Rail Trail (Newport-Claremont)	9.5
9 Farmington Recreational Rail Trail (Farmington-Rochester)	6.0
10 Cheshire Recreational Rail Trail (North Walpole-Fitzwilliam)	42.0
11 Hillsborough Recreational Rail Trail (Hillsborough-Bennington)	77
12 Rockingham Recreational Rail Trail (Fremont Branch (Route 107) Fremont-Route 28 Derry)	1.8
13 Rockingham Recreational Rail Trail, Portsmouth Branch (Manchester-Newfields)	25.3
14 Fort Hill Recreational Rail Trail (Hinsdale)	8.9
15 Ashuelot Recreational Rail Trail (Keene-Winchester)	21.0
16 Monadnock Recreational Rail Trail (Massachusetts line-Jaffrey)	7.2
17 Greenville Recreational Rail Trail (Greenville)	2.4
18 Manchester-Lawrence Recreational Rail Trail (Salem-Windham)	5.3